



Safety Tips for Your Get Up and Go! Event

- Be sure to allow for adequate space between children participating in your Go! event.
- Be sure that the venue you have chosen for your Go! event is large enough to comfortably accommodate the number of children that will be participating.
- Avoid having tables and chairs in places that may interfere with active children.
- Encourage children to be aware of the other children around them.
- Encourage children and staff in advance to wear comfortable clothing and gym shoes.